

HNA REPORTER

HELDERBERG NEIGHBORHOOD ASSOCIATION

ACADEMY STATION, P.O. BOX 8841, ALBANY, NY 12208

PHONE INQUIRIES: C. Waltz 489-5923; D. Schramek 482-2775

Website: www.hnaalbany.com

E-mail: hna@hnaalbany.com

NEXT HNA GATHERING:
Wednesday, September 8, 2004
6:00 pm till dusk
Rain or Shine
Open lot next to Firehouse
New Scotland Ave.
Food and Beverages provided
Bring lawn chairs

DEAR NEIGHBORS:

As summer winds its way to a soggy end (I think we can all agree watering the lawn was not a problem this year), we have an exciting Autumn to look forward to. The kick-off event to celebrate our association's 10th anniversary is the annual neighborhood picnic scheduled for September 8, 2004. As in the past, the event will take place at the field next to the firehouse on New Scotland Avenue. It promises to be an evening of food, fun, and comraderie for all. This is the fifth picnic sponsored by the association. Last year's event set a record attendance with more than 150 people joining us. This year, if the weather cooperates, I hope the attendance will be even higher.

The food will be provided by HNA, with financial support from many of the businesses on New Scotland Avenue. There will be door prizes and a 50-50 raffle. In addition, many of the businesses will offer discount coupons for their merchandise or services. There will also be an opportunity to join or renew your membership in HNA. Stop by the information table as you arrive at the picnic to pick up your raffle ticket and learn more about our neighborhood and our association.

If you wish to bring a food item to share, be sure to label your container, or use disposable ones. Bring lawn chairs or a blanket for sitting on the ground. The picnic will end at dusk, to allow time for cleanup. Many hands are needed for this task.

In the past ten years, by coming together as a group to share our concerns, our energy and our ideas, we have achieved much - a new C-1 commercial district, new neighborhood businesses, trees and flowers on New Scotland Avenue. We also worked with police and fire officials to make our neighborhood safer, and inspired our elected officials to be more responsive than ever before. We all have much to celebrate and much to look forward to in the years to come.

I look forward to seeing you at the picnic on the 8th.

Craig Waltz, Chair

A portion of the printing of this newsletter has been provided as a public service by



Neighborhood Block Parties Take A Bite Out of Crime on August 3



Lawnridge Avenue joined Grove Avenue in hosting a block party on August 3, 2004, as part of the National Night Out Against Crime campaign sponsored by the Albany Police. Neighbors enjoyed many visitors to their street, including clowns, police dogs and horses, and McGruff the Crime Fighting Dog, seen here greeting a young fan.

National Night out is held the first Tuesday of August each year. Next year, be sure to encourage your neighbors to organize an event that evening!

Neighborhood Farmers Market Revived by New Organizers

The Farmers Market, located in the parking lot of the First Congregational Church on Quail Street one block north of New Scotland, now has a new lease on life thanks to Cindy & Jim Barber of Barber's Farm in the Schoharie Valley. Their family farm grows over 50 varieties of vegetables on 200 acres, all handpicked and sorted to uphold their high standards of quality and freshness. The Barbers are actively trying to bring in new vendors to increase the market's selection of fruits, vegetables, dairy products, baked goods and crafts. They set up in the Church's parking lot on Tuesdays from 2 to 6 pm and on Saturdays from 10 am to 2 pm with their bushels of wonderfully fresh produce. Homemade pies and cookies are for sale from a local woman during



Continued on page 2

The Helderberg Neighborhood Association meets on the third Wednesday of January, March, May, July, September and November. Meetings are held from 7:00 to 9:00 pm at the Junior College of Albany, Campus Center. The remaining 2004 meeting will held on 11/17.

HNA Reporter is published every other month. Deadlines for articles or ads are 1/1; 2/23; 5/1; 7/1; 8/31; and 11/1. Ads and articles may be mailed to HNA, Academy Station, P.O. Box 8841, Albany, NY 12208. HNA Editors reserve the right to accept, reject or edit articles for content and space considerations.

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Please thank our advertisers and our business partners!

Due to rising costs, an ad now costs \$17.00 per issue.
 Still a great deal!
 If you would like an ad in a future issue of HNA Reporter, call 482-2775.

HNA Welcomes New Faculty Members at Local Colleges

Debra Schramek, HNA's Communications Chair, had the opportunity to welcome several new faculty members of the Sage Colleges and Albany Law School on Wednesday, August 25. The new members were presented with packets containing information about our neighborhood as well as the Delaware Area Neighborhood Association. The packets also contained information on the city of Albany. Many faculty members may be looking to move into our area, and, thanks to Deb, now know how friendly this neighborhood is!

Gardening, Home, and Health Advice

Cornell Cooperative Extension of Albany County has a hotline to answer your questions about gardening, home maintenance, and health. Trained volunteer "master gardeners" offer information to help residents make informed decisions about gardening, tree and shrub care, lawn care, and pests. Other volunteers or staff members are available to answer questions on stain removal, basic home care, food safety, nutrition, fitness, and disease prevention. Hotline staff will also refer consumers to other organizations for further information and assistance. The hotline number is (518) 765-3500. It is staffed between 9:00 AM and 1:00 PM Monday through Friday. The Cooperative Extension also offers workshops, lectures and other events. Visit the Extension website for a calendar of events: <http://www.albanycounty.com/departments/cornellcoop/welcome.htm>.

Lock Your Car!

Recently there were 7 or 8 reports of car larcenies in the Pine Hills area and some in the Helderberg neighborhood. So, here's a timely reminder: Secure all valuables and lock your car doors after parking your car...even if it's in your driveway or an unlocked garage. Keeping your exterior lights on helps too.

Officer Kathleen Rissberger

Farmers Market, continued from page 1

the same market hours. If the farmers market can bring in 2 additional vendors they will qualify as a certified farmers market and will be able to accept W.I.C. and Seniors coupons. The Barbers are the people to contact if you know other potential farm, bakery or craft vendors. They can be reached at 827-5454 or cjbarber@midtel.net. Please plan to come by next Tuesday or Saturday to meet them in person and welcome them as a new neighborhood business.

Kimberly Konrad Alvarez

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St. Rose College Seeks Musicians for Community Concert Band

The College of St. Rose offers amateur and professional musicians from the Capital Region an opportunity to play in a concert band. The Community Band of St. Rose, now in its fourth year, is open to all area adults and students who wish to perform simply for the joy of playing band music. Led by Robert Hansbrough, Associate Professor of Music, the band performs marches, transcriptions, and standard and new literature as well as music appropriate for the season.



The band rehearses Tuesdays from 7:00-9:00 pm in the St. Rose Music Center behind 1000 Madison Ave., Albany. Positions are available for all instruments. Rehearsals begin August 31, and will continue through November. No audition is required. A public concert is scheduled for early December.

For more information about performing with the Community Band of St. Rose, contact Robert Hansbrough at 454-2022, or e-mail: hansbror@strose.edu.

**Celebration of Women Conference
 September 30, 2004**

St. Peter's Health Care Services will sponsor the Celebration of Women Conference, with a focus on Balance, Strength and Spirit. Health care professionals will share the latest medical information on heart disease, caregiver stress, plastic surgery and more. Following dinner, motivational humorist and author Jeanne Robertson will present "Humor: More Than a Laughing Matter."

During the conference, a number of free health screenings will be offered. St. Peter's Cardiac Center will offer blood glucose (diabetes) screenings; and Mabel Cheng, M.D. will offer glaucoma screenings. The event will also feature an "Ask the Pharmacist" booth hosted by St. Peter's Pharmacy Department; therapeutic massage, reflexology and Reiki provided by St. Peter's Complementary Therapy Department; and a "Know Your Skin Type" demonstration by Mary Kay. Attendees will be entered into a raffle to win prizes donated by vendors attending the conference.

The conference will be held at the Albany Marriott, 189 Wolf Road, Albany on September 30, from 3:15 to 9:00 pm.. The cost is \$35 per person, which includes the afternoon workshops, dinner and keynote presentation. Pre-registration is required. No walk-ins will be accepted. The deadline for registration and payment is Friday, September 10. Call 525-1388 for information or to receive a registration form.

Hazardous Waste Disposal Dates

Household hazardous waste materials may be taken to the Rapp Road Landfill between 4:00 pm-7:00 pm on Oct. 7, Nov. 4 and Dec. 2. Advance registration is required. Call 494-2273 to register.

Calendar

9/4/04	Behind the Scenes Tour of Albany Institute of History and Art. Learn more about the museum and its collections from an AIHA curator. 463-5502 ext. 469. <i>Free with museum admission</i>
9/7/04—10/17/04	Exhibit at the Sage/JCA Opalka Gallery: Selected book covers created by graphic designer Roy Kuhlman, designed for Grove Press Books. <i>Free</i>
Opening 9/10/04	Exhibit at St. Rose Art Gallery: The Art and Design Faculty Show. <i>Free</i> Hours: Monday-Thursday 10 am - 4:30 pm & 6 pm-8 pm; Friday 10 am - 4:30 pm; Closed Saturdays; Sunday noon - 4:00 pm
10/29/04 - 12/10/04	Exhibit at the Sage/JCA Opalka Gallery: Graphic Design from Croatia—Innovative designs drawing on Social Realist conventions, contemporary European trends and Croatian traditions. <i>Free</i>
9/10/04	8th Annual Jazz Benefit Concert, 8 pm at The Egg, with Special Guest Claudia Acuna. Proceeds benefit the Mayor Jennings Literacy Campaign. <i>Call 473-1845 or go to www.jazzbenefit.org for ticket information.</i>
9/12/04	Albany Riverfront Jazz Festival, noon to 7 pm, at the Albany Riverfront Park. <i>Free</i>
10/2/04	Annual Neighborhood Harvest Festival, 1- 4 pm, at the First Congregational Church, 405 Quail Street. Children's activities, Flea Market, Farmers Market, Bake Sale. <i>Free</i> Roast Pork dinner at 5:30 pm. \$8.50 adults; \$4.50 Seniors/Vets; \$4.50 ages 5-12; 4 and under, free. Call 482-4580 between 9:30 am - 1:30 pm for reservations.

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Classic Films at Page Hall, University at Albany; *Free*

10/1/04	7:30 pm	The Fallen Idol (1948)
10/8/04	7:30 pm	Picadilly (silent film) (1929)
10/15/04	7:30 pm	Chac the Rain God (1974)
10/22/04	7:00 pm	The Shape of Things (2003)
10/29/04	7:30 pm	The Old Dark House (1932)



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HNA's membership year is January to December. Join or renew now, and you're a member through 2005!

MEMBERSHIP CATEGORIES:

Household: \$ 5.00

Business: \$10.00

Associate: \$10.00

Each household membership has one vote. Business members will receive one free ad in the HNA Reporter, and will have voting rights. Associate Members (not living within our boundaries) will have the HNA Reporter mailed to them.

Please enroll me as a member of the Helderberg Neighborhood Association. Enclosed is a check, made out to HNA, in the amount of \$_____ for a _____ membership. (Checks may be mailed to: HNA, Academy Station, P.O. Box 8841, Albany, NY 12208 OR brought to the next HNA meeting.) Date mailed: _____

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